



Name _____

Teacher _____

Goal for these two weeks _____

WEEK 1	WHAT I PRACTISED (WARM-UP, SCALE, SONG, TRICKY BIT)	MINUTES	HOW IT FELT	INITIALS
Monday			☆☆☆☆☆	
Tuesday			☆☆☆☆☆	
Wednesday			☆☆☆☆☆	
Thursday			☆☆☆☆☆	
Friday			☆☆☆☆☆	
Saturday			☆☆☆☆☆	
Sunday			☆☆☆☆☆	

Week 1 total minutes: _____

WEEK 2	WHAT I PRACTISED (WARM-UP, SCALE, SONG, TRICKY BIT)	MINUTES	HOW IT FELT	INITIALS
Monday			☆☆☆☆☆	
Tuesday			☆☆☆☆☆	
Wednesday			☆☆☆☆☆	
Thursday			☆☆☆☆☆	
Friday			☆☆☆☆☆	
Saturday			☆☆☆☆☆	
Sunday			☆☆☆☆☆	

Week 2 total minutes: _____

flutefingeringcharts.com · Short, regular practice beats one long session. Ten to twenty minutes most days is a great start.